

CHILDCARE JULY LUNCH MENU

LANCER

DINING SERVICES

menu subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>French Toast & Syrup Turkey Sausage 3 *Fresh Cucumbers Chilled Peaches *Blanched Zucchini for Toddlers</p>	<p>HAPPY FOURTH OF JULY! 4</p>	<p>Mighty Meatball Foldit 5 Beef Meatballs in Marinara Sauce Flatbread Shredded Mozzarella Cheese Oven Tator Tots & Ketchup *Fresh Apple *Applesauce for Toddlers</p>	<p>Turkey Cheeseburger 6 Hamburger Bun Shredded Lettuce Vegetarian Baked Beans Ketchup *Fresh Strawberries *Diced Pears for Toddlers</p>	<p>BBQ Beef Riblet 7 Hoagie Bun *Fresh Broccoli Apple Juice *Blanched Broccoli for Toddlers</p>
<p>Beef Ravioli 10 Dinner Roll Wango Mango Juice *Fresh Orange * Applesauce for Toddlers</p>	<p>Chicken & Gravy 11 Loaded Mashed Potatoes *Zucchini Coins White Wheat Bread & Butter Fresh Banana *Blanched Zucchini for Toddlers</p>	<p>French Bread Dipper 12 Marinara Dipping Sauce *Baby Carrots Chilled Mixed Fruit *Blanched Carrots for Toddlers</p>	<p>BBQ Chicken Slider 13 Mac & Cheese *Fresh Broccoli & Ranch Dressing *Fresh Melon *Blanched Broccoli for Toddlers *Pineapple Tidbits for Toddlers</p>	<p>Breakfast Sandwich 14 WG Biscuit Egg Patty & American Cheese Breakfast Potatoes *Cucumbers and Ranch Dressing *Fresh Apple *Blanched Cauliflower for Toddlers *Applesauce for Toddlers</p>
<p>Pizza Burger on Garlic Toast 17 with Shredded Mozzarella *Fresh Carrots *Fresh Orange *Blanched Carrots for Toddlers *Mandarin Orange for Toddlers</p>	<p>Beef Tacos 18 Whole Grain Tortilla Shredded Cheese, Diced Tomatoes *Shredded Romaine Lettuce *Fresh Apple *Steamed Corn for Toddlers *Applesauce for Toddlers</p>	<p>Creamy Chicken Alfredo 19 Penne Pasta *Romaine Salad & Italian Dressing *Fresh Melon *Blanched Carrots for Toddlers *Diced Pears for Toddlers</p>	<p>BBQ Beef Meatballs 20 *Fresh Broccoli & Ranch Dressing Corn Bread Tropical Fruit *Steamed Broccoli for Toddlers</p>	<p>Teriyaki Chicken Sandwich 21 *Crunchy Cauliflower Florets Pineapple Chunks *Steamed Cauliflower for Toddlers</p>
<p>Crispy Chicken on a Bun 24 Steamed Corn Chilled Pears</p>	<p>Beef Sloppy Joe on a Bun 25 Vegetarian Baked Beans Fresh Banana</p>	<p>Sweet & Sour Chicken Meatballs 26 Vegetable Brown Rice *Celery Smiles & Ranch Dressing *Fresh Melon *Blanched Cauliflower for Toddlers *Diced Peaches for Toddlers</p>	<p>Roast Turkey & Gravy 27 Buttermilk Biscuit Glazed Carrots Applesauce</p>	<p>Italian Meatsauce over Penne Pasta 28 *Mixed Green Salad Ranch Dressing *Fresh Apple *Blanched Broccoli for Toddlers *Applesauce for Toddlers</p>
<p>Chicken Tenders 31 BBQ Sauce Green Beans *Fresh Apple *Applesauce for Toddlers</p>		<p>Cucumbers: Peter Costa Sr. established Costa Farm around 1925 in Little Canada. Since then the farm has become a third generation farm recognized for growing high quality fresh produce. "Generations of experience is the key to our successful crops."</p>	<p>Squash: Joe and David Nathe have operated Riverside Farms in Elk River since 1980. They take pride in the extremely high quality of their products, labeling every box, "Quality that Counts." Concern for future generations has prompted them to use environmentally friendly farming methods, including proper land stewardship.</p>	<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>

MILK VARIETY SERVED AT EVERY MEAL. ALL BREADS SERVED ARE WHOLE GRAIN.

"This institution is an equal opportunity provider."

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*This menu follows the guidelines for NAEYC Accreditation